Soc 8590:

Work, Health, and Well-Being

Fall 2004

11:45-2:15 Mondays Room: 1114 SST

Instructor
Phyllis Moen
phylmoen@umn.edu

Office Hours:

1123 SST

Mondays: 10:00 - 11:00 Tuesdays: 10:00-11:00

Course Description and Goals:

This class introduces perspectives on the life course in relation to work, mental and physical health, and gender. We focus on three broad themes. The first theme is that occupational and organizational structures and interactions around work promote health and illness. The second theme is that this is a dynamic, recursive process, producing and reproducing disparities in health and health-related resources. The third theme is that the work-health interface, the social organization of work and of health-care, and strategic patterns of self-care vary across time and culture. Specific goals are:

- To introduce major theories and perspectives on health and work over the life course. This introduction will draw from life course sociology, life span psychology, and the epidemiology of health and illness.
- To review research evidence on work and health, including mental health.
- To demonstrate ways epidemiologists, sociologists, and psychologists measure well-being, mental disorder, psychological distress, chronic and acute illness onset, life events and chronic difficulties, daily hassles, social support and social integration, and coping and appraisal of stressors.
- To discuss major methodological and theoretical challenges in this area of research.
- To lay out important "next steps" in developing a work, health, and well-being research agenda.

Class participants will gain a broad overview of the topic area, as well as the challenges introduced by incorporating the life course (as time, structure, and context) into the study of work and the mental and physical well-being of men and women. The life course reflects the complex interplay between:

• Biological time, including physical and cognitive development and agerelated health trajectories;

- Biographical time, involving social and institutional clocks, career paths, role entries, and pathways and exits, along with changes in resources, risks, and relationships—all of which relate to health;
- Subjective time, identity, motivation, and cognitive assessments as people move into and through educational, occupational, family, community and retirement pathways in shifting social contexts and in tandem with significant others;
- Institutional time, including public and organizational clocks, as well as
 policy regimes related to norms of timing, sequencing, and duration of
 role entries, exits, and trajectories -- the social organization of age,
 gender, health-related behaviors, and health care;
- Historical time, including demographic, organizational, economic, and cultural change, unanticipated events, the environment, and the links between individuals and institutions as they play out in historical and organizational contexts.

Course Requirements:

Class participants will read and discuss the required materials in light of the course goals as well as whatever expertise they may bring to this class. Participants will actively engage in this spirit of inquiry, including leading the discussion from time to time. Other expectations:

- Write and present a paper providing either a broad overview or investigating a specific substantive topic (This could be the investigation of specific occupational or organizational career paths, their relationship to stress or other outcomes; a literature review of a particular health-related construct, theory, moderator or mediator); or a broader macro-level focus on the social construction and policy development of health behaviors, health-related institutional arrangements, health inequalities, and/or the culture around health risks, behaviors, and definitions. There will be three graded assignments related to this paper:
 - 1. a short literature review paper (10-15 pages) on a topic related to your final project,
 - 2. an oral presentation on your final project,
 - 3. the final written project.
- Provide written and oral feedback to at least one other student.
- Participants will also be evaluated on weekly class discussion participation.

Course Plan:

Week 1

Monday, September 13th

Concepts and Definitions: Work, Health, and Well-Being

- 1. Introduction to the course.
- 2. What is the distinction between the terms "life course" and "life span"?
- 3. What do we mean by "work"? "health"?

Readings:

- Aneshensel, Carol S. 1999. "Mental Illness as a Career: Sociological Perspectives." Pp. 585-603 in *Handbook of the Sociology of Mental Health*, edited by C. S. Aneshensel and J. C. Phelan. New York: Kluwer Academic/Plenum Publishers. (Copy in box).
- Elder, Glen H., Jr., Linda K. George, and Michael J. Shanahan. 1996. "Psychosocial Stress Over the Life Course." Pp. 247-291 in *Psychosocial Stress: Perspectives on Structure, Theory, Life Course and Methods*, edited by H. B. Kaplan. Orlando, FL: Academic Press.

(Copy in box).

- Moen, Phyllis, Donna Dempster-McClain, and Robin M. Williams, Jr. 1992. "Successful Aging: A Life Course Perspective on Women's Roles and Health." *American Journal of Sociology* 97:1612-1638.
 - Available at <u>www.JSTOR.org</u> --may have to enter through library web site.
- Riley, Matilda White. 1987. "On the Significance of Age in Sociology." *American Sociological Review* 52:1-14.
 - Available at www.JSTOR.org --may have to enter through library web site.

Week 2

Monday, September 20th

Historical Contexts: The Changing Nature of Work, The Changing Infrastructure of Health

- Earle, Alison and S. Jody Heymann. 2002. "What Causes Job Loss Among Former Welfare Recipients: The Role of Family Health Problems." *Journal of American Medical Women's Association* 57:5-10.
 - (Copy in box).
- Keyes, Corey, M. Dov Shmotkin, and Carol D. Ryff. 2002. "Optimizing Well-Being: The Empirical Encounter of Two Traditions." *Journal of Personality and Social Psychology* 82:1007-1022. <a href="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=2002-02942-010&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=2002-02942-010&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=2002-02942-010&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=2002-02942-010&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=2002-02942-010&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=2002-02942-010&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=2002-02942-010&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=2002-02942-010&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=2002-02942-010&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=2002-02942-010&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=2002-02942-010&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=2002-02942-010&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm"http://www.psycinfo.com/psycarticles/index.cfm"http://www.psycinfo.com/psycarticles/index.cfm"http://www.psycinfo.com/psycarticles/index.cfm"http://www.psycarticles/index.cfm"http://www.psycarticles/index.cfm"http://www.psycarticles/index.cfm"http://www.psycarticles/index.cfm"http://www.psycarticles/index.cfm"http://www.psycarticles/index.cfm"http://www.psycarticles/index.cfm"http://www.psycarticles/index.cfm"http://www.psycarticles/index.cfm"http://www.psycarticles/index.cfm"http://www.psycarticles/index.cfm"http://www.psycarticles/index.cfm"http://www.psycarticles/index.cfm"http://www.psycarticles/index.cfm"http://www.psycarticles/
- Kohn, Melvin, Kazimierz M. Slomczynski, Krystyna Janicka, Valeri Khmelko, Bogdan W. Mach, Vladimir Paniotto, Wojciech Zaborowski, Roberto Gutierrez, and Cory Heyman. 1997. "Social Structure and Personality under Conditions of Radical Social Change: A Comparative Analysis of Poland and Ukraine." *American Sociological Review* 62:614-638.
 - Available at www.JSTOR.org --may have to enter through library web site.

Zimmerman, Mary K. and Shirley A. Hill. 1999. "Health Care as a Gendered System." Pp. 483-518 in *Handbook of the Sociology of Gender*, edited by J. S. Chafetz. New York: Kluwer Academic/Plenum Publishers. (Copy in box).

Week 3

Monday, September 27th

Establishing the Phenomenon: Work, Health, and Well-Being, and the Life Course

Pearlin, Leonard I. 1989. "The Sociological Study of Stress." *Journal of Health and Social Behavior* 30:241-256.

Available at www.JSTOR.org --may have to enter through library web site.

Pearlin, Leonard I. 1999. "The Stress Process Revisited: Reflections on Concepts and Their Interrelationships." Pp. 395-416 in *Handbook of the Sociology of Mental Health*, edited by C. S. Aneshensel and J. C. Phelan. New York: Kluwer Academic/Plenum Publishers.

(Copy in box).

- Pugliesi, Karen. 1995. "Work and Well-Being: Gender Differences in the Psychological Consequences of Employment." *Journal of Health and Social Behavior* 36:57-71. Available at www.JSTOR.org --may have to enter through library web site.
- Ross, Catherine E. and John Mirowsky. 1995. "Does Employment Affect Health?" *Journal of Health and Social Behavior* 36:230-243.

Available at www.JSTOR.org --may have to enter through library web site.

Ryan, R.M. and E.L. Deci. 2001. "On happiness and Human Potentials: A Review of Research on Hedonic and Eudemonic Well-Being." *Annual Review of Psychology* 52:141-166.

http://arjournals.annualreviews.org/toc/psych/52/1;jsessionid=jmhLnNLLNq3b

Week 4

Monday, October 4th

The Health Gradient: What is it? What Does it Mean?

Cardano, Mario, Giuseppe Costa, and Moreno Demaris. 2004. "Social Mobility and Health in the Turin Longitudinal Study." *Social Science and Medicine* 58:1563-1575.

http://authors.elsevier.com/JournalDetail.html?PubID=315&Precis=DESC Homepage—click on "Tables of Contents and Abstracts" on the right hand side of the page—then search by volume.

House, James S., James M. Lepkowski, Ann M. Kinney, Richard P. Mero, Ronald C. Kessler, and A. Regula Herzog. 1994. "The Social Stratification of Aging and Health." *Journal of Health and Social Behavior* 35:213-234.

Available at www.JSTOR.org --may have to enter through library web site.

Krause, Neal. 1999. "Mental Disorder in Late Life: Exploring the Influence of Stress and Socioeconomic Status." Pp. 183-208 in *Handbook of the Sociology of Mental Health* edited by C.S. Aneshensel and J.C. Phelan. New York: Kluwer Academic/Plenum Publishers.

(Copy in box). (OVER)

O'Rand, Angela M. 1996. "The Precious and the Precocious: Understanding Cumulative Disadvantage and Cumulative Advantage Over the Life Course. *The Gerontologist* 36:230-238.

(Copy in box).

Schieman, Scott, Karen Van Gundy, and John Taylor. 2001. "Status, Role and Resource Explanations for Age Patterns in Psychological Distress." *Journal of Health and Social Behavior* 42:80-96.

Available at www.JSTOR.org --may have to enter through library web site.

Siegrist, Johannes and Michael Marmot. 2004. "Health Inequalities and the Psychosocial Environment--Two Scientific Challenges." *Social Science and Medicine* 58:1463-1474.

http://www.sciencedirect.com/science? ob=JournalURL& cdi=5925& auth=y& acct=C000032378& version=1& urlVersion=0& userid=616288&md5=a7b4c 269bcba25ce68b9982a641ad25a

This is the current Social Science and Medicine page, in the search box at the top, put "Siegrist, Johannes" in the subject line and hit "search this journal" The article will be the second one that comes up.

Warren, John Robert, Peter Hoonakker, Pascale, Carayon, and Jennie Brand. 2004. "Job Characteristics as Mediators in SES-Health Relationships." *Social Science & Medicine* 59:1367-1378.

http://www.sciencedirect.com/science? ob=JournalURL& cdi=5925& auth=y& ac ct=C000032378& version=1& urlVersion=0& userid=616288&md5=a7b4c269bcb a25ce68b9982a641ad25a

This is the current Social Science and Medicine page, in the search box at the top, put "John Warren" in the subject line and hit "search this journal" The article will be the first one that comes up.

Tentative Title and Paragraph Description of your Project Due

Week 5

Monday, October 11th

Are there "Good" and "Bad" Jobs?

Benach, J., M. Amable, C. Muntaner, and F.G. Benavides. 2002. "The Consequences of Flexible Work For Health: Are We Looking at the Right Place?" *Journal of Epidemiology & Community Health* 56:405-407.

(Copy in box).

Dooley, David, Joann Prause, and Kathleen A. Ham-Rowbottom. 2000.

"Underemployment and Depression: Longitudinal Relationships." *Journal of Health and Social Behavior* 41:421-436.

Available at www.JSTOR.org --may have to enter through library web site.

Grzywacz, Joseph G. and David Dooley. 2003. ""Good Jobs" to "Bad Jobs": Replicated Evidence of an Employment Continuum from Two Large Surveys." *Social Science and Medicine* 56:1749-1761.

http://www.sciencedirect.com/science?_ob=JournalURL&_cdi=5925&_auth=y&_acct=C000032378&_version=1&_urlVersion=0&_userid=616288&md5=a7b4c 269bcba25ce68b9982a641ad25a

This is the current Social Science and Medicine page, in the search box at the top, put "Grzywacz, Joseph" in the subject line and hit "search this journal" The article will be the first one that comes up.

Jahn, Ingeborg, Ute Becker, Karl-Heinz Jöckel, and Hermann Pohlabeln. 1995.
"Occupational Life Course and Lung Cancer Risk in Men: Findings from a Socio-Epidemiological Analysis of Job-Changing Histories in a Case-Control Study."

Social Science and Medicine 40:961-975.

(Copy in box).

Musick, Mark A., and Wilson, John. 2003. "Volunteering and Depression: The Role of Psychological and Social Resources in Different Age Groups." *Social Science and Medicine*. 56, 259-269.

From Ingenta—may have to enter from library web site.

http://www.ingenta.com/isis/browsing/TOC/ingenta;jsessionid=2dc5i01u2ontn.cr escent?issue=pubinfobike://els/02779536/2003/0000056/00000002

The article is #6—click "Science Direct"—when the next link opens, click on "view pdf" over in the box on the right

Week 6

Monday, October 18th

Conditions at Work: What Matters? What Can be Changed?

Akerstedt, Torbjorn, Peeter Fredlund, Mats Gillberg, and Bjarne Jansson. 2002. "Work Load and Work Hours in Relation to Disturbed Sleep and Fatigue in a Large Representative Sample." *Journal of Psychosomatic Research* 53:585-588. From Ingenta—may have to enter from library web site http://www.ingenta.com/isis/browsing/TOC/ingenta;jsessionid=4qq11olt0ce3u.circus?issue=pubinfobike://els/00223999/2002/00000053/00000001 article is #9—click "science direct" then, at the next web page, click on "science direct" again, at the next page, click "pdf" in the green box on the right.

Lennon, Mary Clare. 1994. "Women, Work, and Well-Being: The Importance of Work Conditions." *Journal of Health and Social Behavior* 35:235-247.

Available at www.JSTOR.org --may have to enter through library web site. Rau, Renate and Antje Triemer. 2004. "Overtime in Relation to Blood Pressure and

Mood During Work, Leisure, and Night Time." *Social Indicators Research* 67:51-73

http://www.kluweronline.com/issn/0303-8300/current

you will have to search backward using the "previous issue" button. The article is in June 2004, Volume 67, Issue 1-2

Ross, Catherine E. and Jaya Sastry. 1999. "The Sense of Personal Control: Social-Structural Causes and Emotional Consequences." Pp. 369-394 in *Handbook of the Sociology of Mental Health* edited by C.S. Aneshensel and J.C. Phelan. New York: Kluwer Academic/Plenum Publishers. (Copy in box).

Week 7

Monday, October 25th

Job Strain and Latitude: Direct or Interaction Effects? Contingencies?

Bosma, Hans, Stephen A. Stansfled, and Michael G. Marmot. 1998. "Job Control, Personal Characteristics, and Heart Disease." *Journal of Occupational Health Psychology* 3:402-409.

http://www.apa.org/journals/ocp/past.html

click on "psychARTICLES Direct" then search "Bosma, Hans" and hit enter, it will be the first article that comes up.

Elovainio, Marko, Mika Kivimaki, Nick Steen, and Jussi Vahtera. 2003. "Job Decision Latitude, Organizational Justice and Health: Multilevel Covariance Structure Analysis." *Social Science and Medicine* 58:1659-1669.

http://www.sciencedirect.com/science? ob=JournalURL& cdi=5925& auth=y& acct=C000032378& version=1& urlVersion=0& userid=616288&md5=a7b4c 269bcba25ce68b9982a641ad25a&chunk=x

This is the current Social Science and Medicine page, in the search box at the top, put "Elovianio, Marko" in the subject line and hit "search this journal" The article will be the first one that comes up.

Muhonen, Tuija and Eva Torkelson. 2004. "Work Locus of Control and Its Relationship to Health and Job Satisfaction from a Gender Perspective." *Stress and Health* 20:21-28.

http://www3.interscience.wiley.com/cgi-bin/abstract/107581929/ABSTRACT

Pikhart, Hynek, Martin Bobak, Andrzej Pajak, Sofia Malyutina, Ruzena Kubinova, Roman Topor, Helena Sebakova, Yuri Nikitin, and Michael Marmot. 2004. "Psychosocial Factors at Work and Depression in Three Countries of Central and Eastern Europe." *Social Science and Medicine* 58:1475-1483.

http://www.sciencedirect.com/science?_ob=JournalURL&_cdi=5925&_auth=y&_acct=C000032378&_version=1&_urlVersion=0&_userid=616288&md5=a7b4c_269bcba25ce68b9982a641ad25a_

This is the current Social Science and Medicine page, in the search box at the top, put "Bobak, Martin" in the subject line and hit "search this journal" The article will be the first one that comes up.

Ross, Catherine E. and Mirowsky, John. 2002. "Family relationships, social support, and subjective life expectancy." *Journal of Health and Social Behavior* 43:469-489.

http://mrvar.fdv.uni-lj.si/sola/info4/tina/clanki/lazar.pdf

Project Literature Reviews Due

Week 8

Monday, November 1st

Health Pathways and Gender: Why the Gaps?

Barrett, Anne E. and White, Helene Raskin. 2002. "Trajectories of Gender Role Orientations in Adolescence and Early Childhood: A Prospective Study of the Mental Health Effects of Masculinity and Femininity." *Journal of Health and Social Behavior* 43:451-468.

(Copy in box).

- Carr, Deborah. 1997. "The Fulfillment of Career Dreams at Midlife: Does it Matter for Women's Mental Health?" Journal of Health and Social Behavior 38:331-344. Available at www.JSTOR.org --may have to enter through library web site.
- Chandola, Tarani, Hannah Kuper, Archana Singh-Manoux, Mel Bartley, and Michael Marmot. 2004. "The Effect of Control at home on CHD Events in the Whitehall II Study: Gender Differences in Psychosocial Domestic Pathways to Social Inequalities in CHD." Social Science and Medicine 58:1501-1510.

 http://www.sciencedirect.com/science? ob=JournalURL& cdi=5925& auth=y& acct=C000032378& version=1& urlVersion=0& userid=616288&md5=a7b4c 269bcba25ce68b9982a641ad25a
 - This is the current Social Science and Medicine page, in the search box at the top, put "Chandola, Tarani" in the subject line and hit "search this journal" The article will be the second one that comes up.
- Klumb, Petra L. and Thomas Lampert. 2004. "Women, Work, and Well-Being 1950-2000: A Review and Methodological Critique." *Social Science and Medicine* 58:1007-1025.
 - http://www.sciencedirect.com/science?_ob=JournalURL&_cdi=5925&_auth=y&_acct=C000032378&_version=1&_urlVersion=0&_userid=616288&md5=a7b4c269bcba25ce68b9982a641ad25a
 - This is the current Social Science and Medicine page, in the search box at the top, put "Klumb, Petra" in the subject line and hit "search this journal" The article will be the second one that comes up.
- Pavalko, Eliza K. and Brad Smith. 1999. "The Rhythm of Work: Health Effects on Women's Work Dynamics." *Social Forces* 77:1141-1162.
 - Available at www.JSTOR.org --may have to enter through library web site.
- Pavalko, Eliza K. and Shari Woodbury. 2000. "Social Roles as Process: Caregiving Careers and Women's Health." *Journal of Health and Social Behavior* 41:91-105. Available at www.JSTOR.org --may have to enter through library web site.
- Rosenfeld, Rachel A. 1999. "Splitting the Difference: Gender, the Self, and Mental Health." Pp. 209-224 in *Handbook of the Sociology of Mental Health*, edited by C. S. Aneshensel and J. C. Phelan. New York: Kluwer Academic/Plenum Publishers.

(Copy in box).

Week 9

Monday, November 8th

Roles, Role Changes, and Well-Being: Can We Capture Lives and Health on a Moving Platform of Change?

Barnett, Rosalind C.; Raudenbush, Stephen W.; Brennan, Robert T.; Pleck, Joseph H.; et al. 1995. "Change in Job and Marital Experiences and Change in Psychological Distress: A Longitudinal Study of Dual-Earner Couples." *Journal of Personality and Social Psychology* 69:839-850. http://www.apa.org/journals/psp/past.html

click on "psychARTICLES Direct" then search "Barnett, Rosalind C" and hit enter, it will be the third article that comes up.

Barnett, Rosalind C. and Robert T. Brennan. 1997. "Change in Job Conditions, Change in Psychological Distress, and Gender: A Longitudinal Study of Dual-Earner Couples." *Journal of Organizational Behavior* 18:253-274. http://www3.interscience.wiley.com/cgi-bin/jhome/4691
On the right, put in the volume number (18) and the first page number (253) then hit "go"

Luoh, M. C. and A. R. Herzog. 2002. "Individual Consequences of Volunteer and Paid Work in Old Age: Health and Mortality." *Journal of Health and Social Behavior* 43:490-509.

(Copy in box).

Morrow-Howell, Nancy, J. Hinterlong, et al. (2003). "Effects of Volunteering on the Well-Being of Older Adults." *Journal of Gerontology: Social Sciences* 58B: S137-S145.

(Copy in box).

Simon, Robin W. 1997. "The Meanings Individuals Attach to Role Identities and Their Implications for Mental Health." *Journal of Health and Social Behavior* 38:256-274.

Available at www.JSTOR.org --may have to enter through library web site.

Williamson, J.B., and McNamara, T.K. (2001). "The effect of unplanned changes in marital and disability statuses: Interrupted trajectories and labor force participation." *Center for Retirement Research at Boston College Working Papers*. No. 2002-05 (September 2002), p. 1-58. http://www.bc.edu/centers/crr/public_wor_2002.shtml

Wheaton, Blair. 1990. "Life Transitions, Role Histories, and Mental Health." *American Sociological Review* 55:209-223.

Available at <u>www.JSTOR.org</u> --may have to enter through library web site.

Week 10

Monday, November 15th

Work-Family Conflict and Spillover

Doumas, Diana M., Gayla Margolin, and Richard S. John. 2003. "The Relationship Between Daily Marital Interaction, Work, and Health-Promoting Behaviors in Dual-Earner Couples: An Extension of the Work-Family Spillover Model." *Journal of Family Issues* 24:3-21.

From Ingenta—may have to enter from library web site http://www.ingenta.com/journals/browse/sage/j264?mode=direct

Grzywacz, Joseph G. and Brenda L. Bass. 2003. "Work, Family, and Mental Health: Testing Different Models of Work-Family Fit." *Journal of Marriage and Family* 65:248-262.

(Copy in box).

Lewis, Suzan and Cary L. Cooper. 1999. "The Work-Family Research Agenda in Changing Contexts." *Journal of Occupational Health Psychology* 4:382-393. <a href="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=1999-11425-009&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=1999-11425-009&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=1999-11425-009&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=1999-11425-009&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=1999-11425-009&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=1999-11425-009&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=1999-11425-009&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=1999-11425-009&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=1999-11425-009&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=1999-11425-009&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=1999-11425-009&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=1999-11425-009&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=1999-11425-009&fttype=PDF&sid="http://www.psycinfo.com/psycarticles/index.cfm?action=display&uid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttype=PDF&sid=1999-11425-009&fttyp

Marks, Nadine F. 1998. "Does it Hurt to Care? Caregiving, Work-Family Conflict, and Midlife Well-Being." *Journal of Marriage and the Family* 60:951-966.

Available at www.JSTOR.org --may have to enter through library web site.

Pavalko, Eliza K. and Julie E. Artis. 1997. "Women's Caregiving and Paid Work: Causal Relationships in Late Mid-life." *Journal of Gerontology: Social Sciences* 52B:S1-S10.

(Copy in box).

Thomas, Linda Thiede and Daniel C. Ganster. 1995. "Impact of Family-Supportive Work Variables on Work-Family Conflict and Strain: A Control Perspective." *Journal of Applied Psychology* 80:6-15.

http://www.apa.org/journals/ocp/past.html

click on "psychARTICLES Direct" then search "Thomas, Linda Thiede" and hit enter, it will be the first article that comes up.

Week 11

Monday, November 22nd

Multiple Roles, Moderators, and Mechanisms

Bolger, Niall, Adam Zuckerman, and Ronald C. Kessler. 2000. "Invisible Support and Adjustment to Stress." *Journal of Personality and Social Psychology* 79:933-961.

http://www.apa.org/journals/ocp/past.html

click on "psychARTICLES Direct" then search "Bolger, Niall" and hit enter, it will be the third article that comes up.

Bellman, Steven, Nick Forster, Leonie Still, and Gary L. Cooper. 2003. "Gender Differences in the Use of Social Support as a Moderator of Occupational Stress." *Stress and Health* 19:45-58.

http://www3.interscience.wiley.com/cgi-bin/abstract/102528500/ABSTRACT

Greenhaus, Jeffrey H., Saroj Parasuraman, and Karen Collins. 2001. "Career Involvement and Family Involvement as Moderators of Relationships Between Work-Family Conflict and Withdrawal from a Profession." *Journal of Occupational Health Psychology* 6:91-100.

http://www.apa.org/journals/ocp/past.html

click on "psychARTICLES Direct" then search "Greenhaus, Jeffrey H." and hit enter, it will be the first article that comes up.

Roxburgh, Susan. 1996. "Gender Differences in Work and Well-Being: Effects of Exposure and Vulnerability." *Journal of Health and Social Behavior* 37:265-277. Available at www.JSTOR.org --may have to enter through library web site.

Simon, Robin. 1995. "Gender, Multiple Roles, Role Meaning, and Mental Health." *Journal of Health and Social Behavior* 36:182-194.

Available at www.JSTOR.org --may have to enter through library web site.

Swisher, Ray, Steve Sweet, and Phyllis Moen. 2004. "The Family-Friendly Community and Its Life Course Fit for Dual-Earner Couples." *Journal of Marriage and Family* 66:281-292.

From Ingenta—may have to enter from library web site.

http://www.ingenta.com/isis/browsing/TOC/ingenta?issue=pubinfobike://bpl/jomf/2004/00000066/00000002

Week 12 Monday, November 29th Interventions?

Cowan, Philip A. and Carolyn Pape Cowan. 2002. "Interventions as tests of Family Systems Theories: Marital and Family Relationships in Children's Development and Psychopathology." *Development and Psychopathology* 14:731-759. http://journals.cambridge.org/bin/bladerunner?REQUNIQ=1089387521&REQSES=1528131&117000REQEVENT=&REQINT1=134742&REQAUTH=0

Donaldson, Stewart I. and Laura E. Gooler. 2003. "Theory-Driven Evaluation in Action: Lessons from a \$20 million Statewide Work and Health Initiative." *Evaluation and Program Planning* 26:355-366.

From Ingenta—may have to enter from library web site

http://www.ingenta.com/isis/browsing/AllIssues/ingenta;jsessionid=6etqg8c2cjbc 7.circus?journal=pubinfobike://els/01497189

Click on "science direct" then click on "pdf" in the box on the right

Donaldson, Stewart I. and Laura E. Gooler. 2003. "Theory-Driven Evaluation of the Work and Health Initiative: A Focus on Winning New Jobs." *The American Journal of Evaluation* 23:341-346.

From Ingenta—may have to enter from library web site

 $\frac{http://www.ingenta.com/isis/browsing/TOC/ingenta;jsessionid=2ow8sfjo5c83t.cir}{cus?issue=pubinfobike://els/10982140/2002/00000023/00000003}$

Click on "science direct" then click on "pdf" in the box on the right

Project Presentations

Week 13 Monday December 6th The Long Arm of the Job

Cook, Derek G. and David P. Strachan. 1999. "Summary of the Effects of Parental Smoking on the Respiratory Health of Children and Implications for Research." *Thorax* 54:357-366.

http://thorax.bmjjournals.com/cgi/reprint/54/4/357

Mutcher, Jan E., Jeffrey A. Burr, Michael P. Massagli, and Amy Pienta. 1999. "Work Transitions and Health in Later Life." *Journal of Gerontology: SOCIAL SCIENCES* 54B:S252-S261.

(Copy in box).

Stolzenberg, Ross M. 2001. "It's About Time and Gender: Spousal Employment and Health." *American Journal of Sociology* 107:61-100. http://www.journals.uchicago.edu/AJS/journal/issues/v107n1/050215/050215.web.pdf

Strazdins, Lyndall and Dorothy H. Broom. 2004. "Acts of Love (and Work): Gender Imbalance in Emotional Work and Women's Psychological Distress." *Journal of Family Issues* 25:356-378.

From Ingenta—may have to enter through library web site http://www.ingenta.com/isis/browsing/TOC/ingenta?issue=pubinfobike://sage/j264/2004/00000025/00000003

Project Presentations

Final Project Due

Week 14 Monday December 13th

Project Presentations and Review

Useful Web References:

AFL-CIO: www.aflcio.org

American Society of Training and Development: www.astd.org Americans United for Affirmative Action: www.auaaa.org

American with Disabilities Act: www.usdoj.gov/crt/ada/adahom1.htm

Bureau of Labor Statistics: www.bls.gov Census Bureau Homepage: www.census.gov

http://www.census.gov/hhes/income/earnings/call1mnboth.html

http://www.census.gov/hhes/income/earnings/

Center on Budget and Policy Priorities: www.chpp.org

Centers for Disease Control www.cdc.gov/

Digest of Educational Statistics 2001 – National center for Education Statistics:

www.nced.ed.gov//pubs2002

EconData.net: Your Guide to Regional Economic Data: www.econdata.net

Economic Policy Institute: www.epinet.org

Employee Benefit Research Institute: www.ebri.org

Income Page: www.census.gov/hhes/www/income.html

Juggling Work and Family: www.pbs.org/workfamily

National Center for Health Statistics: www.cdc.gov/nchs/

National Institute of Health www.nih.gov/

National Institute on Aging www.nia.nih.gov/

National Vital Statistics Report: www.cdc.gov/nchs/data.nvsr.gov

NewWork News: www.newwork.com

OECD publications scheduled for release from November 2003 through

January 2004:

http://www.oecdwash.org/PUBS/BOOKS/RP041/rp041cov.htm

Office of Civil Rights, U.S. Department of Education: www.ed.gov/offices/OCR

Population Reference Bureau: www.prb.org

Progressive Policy Institute (work, family, and community): www.ppionline.org

Project on Global Working Families:

www.hsph.harvard.edu/globalworkingfamilies

Public Agenda www.publicagenda.com

School-to-work: www.stw.ed.gov

SLOAN Work and Family Network Literature Database:

http://library.bc.edu:4545/ALEPH/-/start/bcl03

Statistical Abstract: www.census.gov/prod/www/statistical-abstract-02.html

Workers with Disabilities: www.worksupport.com